

BACKGROUND

Founded in 1973, Ipas is a pioneering global health and rights organization focused on advancing Sexual and Reproductive Health and Rights (SRHR) and expanding access to safe abortion. Ipas Nepal, established in 2002, works to enhance access to safe abortion and contraception so that every Nepali woman and girl¹ can determine their own future.

In 2018-2023, Ipas Nepal focused on creating a sustainable abortion ecosystem in Nepal, which includes access to contraception as well as abortion. Ipas Nepal also began working on issues which intersect in a critical way with SRHR, such as climate justice; gender-based violence; youth issues; and humanitarian crises. This allows us to have a 'holistic approach' to SRHR. Ipas Nepal supported the government with efforts to expand access to safe abortion and contraception services in 57 districts across Nepal, and invested in organizational capacity-building and learning.



VISION

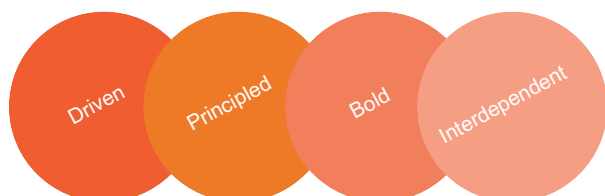
A world where every woman and girl has the right and ability to determine her own sexuality and reproductive health.



MISSION

Women and girls have improved sexual and reproductive health and rights through enhanced access to safe abortion service, contraceptive care, and reduced gender-based violence ensuring resilient health system.

Values at Ipas Nepal



KEY PRIORITY AREAS

Ipas Nepal will prioritize creating a Sustainable Sexual and Reproductive Health and Rights (SRHR) ecosystem through an 'intersectional' approach, building on our work in recent years.



¹ In this document, except in citations, 'women and girls' have been used to denote individuals who identify themselves as women and girls in all diversities

SAFE ABORTION

Access to safe abortion care is the major focus of Ipas Nepal. This includes access to abortion self-care, tele-abortion services, medical abortion, as well as post-abortion care if needed. Reaching zero unsafe abortions is our goal. We will work for policy and legal reforms to create a more enabling environment on SRHR and safe abortion, including at the local government level. We will work to reduce abortion stigma, resistance and discrimination at the community level. We will emphasize that unsafe abortion is often linked to gender-based violence, which must be addressed. And we will work to create a more supportive and enabling environment around safe abortion at government and health system levels.

CONTRACEPTION

Access to contraception can prevent unintended and unwanted pregnancy and the need for abortion. Increased access to high-quality contraceptive services, including counselling and a variety of methods, will be a major focus for Ipas Nepal. Increasing the use of modern methods and reducing reliance on traditional methods will help Nepal reach its Sustainable Development Goals (SDG) target of 60% use of modern methods of contraception by 2030. Our strategy will include promoting post-abortion contraception through a balanced counselling strategy, and we will work to ensure expansion of method choices, including self-care.

CLIMATE CHANGE, GENDER AND SRHR – BUILDING RESILIENT HEALTH SYSTEM AND COMMUNITIES

Ipas Nepal will work to create deeper understanding, knowledge and linkages between climate change, gender justice and SRHR. This effort will provide evidence of the need for climate adaptive policies and a resilient health system which can provide SRHR-related services, including abortion, during both normal and crisis times. Building the resilience capacity of the community will also be a key priority.

ADOLESCENT AND YOUTH SRHR

Improving access to information, education and services regarding sexual and reproductive health and rights and abortion laws and services is a crucial factor in creating a sustainable SRHR ecosystem. Ipas Nepal will follow the International Technical Guidance on Sexuality Education (ITGSE) for age-appropriate and life skills-based Comprehensive Sexuality Education (CSE). Inclusion of sexual and reproductive health and rights education and services in schools and through non-formal means will help to link adolescents and youth with health services and adolescent friendly information. Ipas Nepal will also advocate at the family and community level to normalize SRHR and CSE discussion and will train schoolteachers on CSE to build agency for young people.

GENDER-BASED VIOLENCE PREVENTION AND RESPONSE

The work of Ipas Nepal on gender-based violence will help to ensure the availability and quality of multi-sectoral responses (health, legal, safe house/shelter home and psychosocial counselling) that restore the dignity and sense of self-efficacy of gender-based violence survivors—including women and girls who face violence during pregnancy, forced abortion, and other types of sexual violence.

These interventions will focus on multi-pronged approaches in creating a social involvement to reduce gender-based violence. This will include family and community dialogues; mobilization of local leaders and community champions; peer education; awareness-raising and sensitization and involvement of men and boys; and social and behavioral change communication.

HUMANITARIAN RESPONSE AND SRHR

Ipas Nepal will continue to provide need-based support and share resources during all phases of emergencies—including reproductive health camps, mental health and community-based psycho-social counselling, health facility renovation and revitalization. We will advocate for a resilient health system that can meet the needs of sexual and reproductive health and rights of women and girls as defined and prioritised in government emergency response plans at all three levels. We will also promote the use of the Minimum Initial Service Package (MISP)² for Sexual and Reproductive Health 2018 in humanitarian settings.



EFFECTIVE ORGANIZATION AND FUND RAISING

Ipas Nepal will adapt the governance and structure of our organization as necessary to better serve our strategic goals; actively contribute to the development of Ipas as a strong 'network structure'; and to practice and mainstream the 'shared leadership model' to ensure a more equitable voice in the decision-making processes at all levels. Ipas Nepal will strive for greater efficiency and use of our financial resources; to recruit and sustain staff who are exceptional in their performance, as well as passionate and diverse; and to invest in fundraising efforts in a push for more diversified, sustainable, and significantly increased funding to strengthen a sustainable SRHR ecosystem in Nepal.

THEORY OF CHANGE

Women and girls can live with dignity with respect to their sexual and reproductive health and rights if there is a shared commitment to a resilient health system for sexual and reproductive health and rights among government, civil society and community actors; there is an availability, acceptability, and affordability of choices for abortion and contraceptive care; there is a deep understanding of what individuals need and prefer in abortion care; there is social norm change around reproductive rights; there is a reduction of abortion stigma and gender-based violence; and if 'intersectionality' factors that negatively impact on sexual and reproduction health rights, including climate change and humanitarian crises, are addressed

KEY APPROACHES



² MISP is an inter-agency field manual on reproductive health in humanitarian settings. Available at: <https://www.unfpa.org/sites/default/files/resource-pdf/MISP-Reference-English.pdf>

OUR IMPACT



222,417

Safe Abortion Services Supported



133,414

Unsafe Abortion Averted



1.5 MILLION

Adolescents Reached with SRHR Information



1,044

SAS & Contraception expansion in Health Facilities

*FY 2010-25

Our Project Areas



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